**Praise the LORD, My Soul**

Psalm 103:1-22

Key Verse 103:1 “Praise the Lord, my soul; all my inmost being, praise his holy name.”

1. What does it mean to praise God from one’s “soul” or from “all my inmost being”? (1)

2. What are the Lord’s “benefits” listed in verses 3-5? What benefits have you received from the Lord? Why is it important to “forget not” all his benefits?

3. How did the Lord reveal his character? (7-8; Exodus 34:6-7a) What is his way of dealing with his people? (9-12)

4. How is God’s heart toward his people described? (13) What are human beings like? (15-16) In contrast, what is God’s love like? (17-18) What does it mean to fear him? (13b, 17a)

5. Who else and what should also praise the Lord? (20-22) In light of this passage, what reasons do you have to praise the Lord?